

City of La Quinta

COMMUNITY SERVICES COMMISSION MEETING: October 12, 2015

STAFF REPORT

AGENDA TITLE: PRESENTATION BY LA QUINTA MIDDLE SCHOOL

BACKGROUND/ANALYSIS

As part of the Annual Work Plan, representatives from local agencies have been asked to present information regarding valley-wide services and services specifically in La Quinta.

Ms. Janet Seto, Principal, and Laura Spradlin, Wellness Coordinator, of the La Quinta Middle School, have been invited to attend the meeting to provide the Commission with information and answer questions about their program known as the Fitness School of Champions. This program helps to improve students' overall health and increase their fitness level by educating them to make healthy nutritional food choices, elevate their self-image, and give them a positive, productive and enjoyable experience during their middle school years.

Report prepared by: Christina Calderon, Community Services Supervisor
Approved for submission by: Edie Hylton, Deputy City Manager